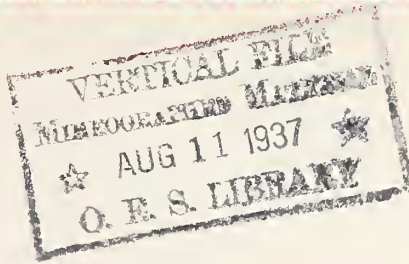


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No. 177



June 30, 1937.

TO PROTECT FROM CHIGGERS

1.9
In 31 24

Apply kerosene lightly to the skin on the areas where the presence of chiggers is suspected, says _____, (name and title)

then take a hot bath immediately. Lather the body freely with medicated soap, letting the lather dry on the skin for 15 minutes before removing it. Scrub well during the bath with a coarse washrag or brush, to dislodge the chiggers as much as possible.

Better ~~still~~ take precautions before going into woods, underbrush, or grassy areas where there are likely to be chiggers. Wear leather leggings or high-top shoes over the trousers. Or still better, dust the body and underwear with flowers of sulphur, an inexpensive powder sold by druggists. A light application of kerosene to the outer clothing, such as work clothes or overalls, is also a good preventative.

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